



INTRODUCING

Liz Maritz

“As an author, my goal is to challenge others to look at things from a different perspective and through the art of literary narrative, compel readers to see a different part of the world.”

LIZ Maritz is an emerging author with a background in process improvement and project management. Following the birth of her daughter, Liz battled postpartum anxiety, like so many mothers today. She eventually left her corporate management role to stay home with her daughter and her affectionately labeled “terrible” terrier, Brody. Liz now writes and narrates non-fiction and fiction books, and constantly seeks out opportunities to do things she’s never done before.

Liz is a Magna Cum Laude graduate of the University of Missouri School of Journalism, certified Project Management Professional (PMP), Director of Operations for the Junior League of Saint Louis, and a member of the Non-Fiction Authors Association (NFAA) and the Dog Writers Association of America (DWAA).

Liz is one of the most hard-working individuals I’ve ever met and is always willing to do whatever necessary to deliver a stunning final product.

-Anthony Jackson,
Chief of Staff to Padma Lakshmi

INTERVIEWS

What is the title of your book and can you tell us a little about it?

When did you decide to pursue writing? What did you do before deciding to write this book?

What inspired you to write this book?

This book has taken 5 years to write, how did the objective of the book evolve as you continued working on it? How did your experience with Postpartum Anxiety change the narrative?

How did writing about your dog’s health ultimately influence your ability to pursue improving your own health?

What projects are you working on now?

What are your future writing goals?